What is claimed is:

1. A line support, comprising:

a first support member having an elongate body;

a second support member having an elongate body, the first and second support members secured to one another at a proximal end of the line support and positioned such that support is provided by a biasing force at a distal end of the line support wherein the first and second support members are resilient, and wherein the first and second support members are in close proximity to one another substantially along their lengths when the first and the second support members are unoccupied; and

a sliding retainer selectively positionable about the first and second support members and configured such that the biasing force is selectively adjustable.

- 2. The line support of claim 1, further comprising at least one protrusion provided at a distal end of at least one of the first and second support members and capable of increasing grip of the biasing force.
- 3. The line support of claim 1, wherein the second support member further comprises at least one stirrup portion positioned at a distal end of the second support member and extending laterally outward from the second support member and forming a loop.
- 4. The line support of claim 1, wherein the second support member further comprises at least two alignment channels positioned at a distal end of the second support member and extending beyond the second support member.

- 5. The line support of claim 1, wherein the sliding retainer has a threaded bore therethrough for engagement with a securing mechanism that engages at least one of the first and second support members and is capable of retaining the sliding retainer in a selected position.
- 6. The line support of claim 1, wherein the sliding retainer has teeth members for engagement with at least one of the first and second support members and wherein the sliding retainer is releasably biased in a selectable retained position.
- 7. The line support of claim 6, wherein at least one of the first and second support members has a rigid surface for engagement with the teeth members of the sliding retainer.
- 8. The line support of claim 1, wherein the first support member further comprises a handle located at a distal end of the first support member wherein the handle is configured to assist in opposing the biasing force when pulled.
- 9. The line support of claim 1, wherein at least one sliding retainer stop is provided and positioned to prevent the sliding retainer from being maneuvered past the at least one sliding retainer stop.

- 10. The line support of claim 1, wherein at least one of the first and second support members provide indicators that relate to the amount of biasing force provided for a given position of the sliding retainer.
- 11. The line support of claim 1, wherein at least one of the first and second support members has an attachment mechanism capable of attaching the line support to a securing structure.
 - 12. A line support, comprising:
 - a first support portion having an elongate body;

a second support portion having an elongate body, the first and second support portions forming a unitary body at a proximal end of the line support and separate portions at a distal end of the line support, the first and second support portions configured such that support is provided by a biasing force at the distal end of the line support, wherein the first support portion and the second support portion are resilient, and wherein the first and second support portions are in close proximity to one another substantially along their lengths when the first and the second support portions are unoccupied; and

a sliding retainer selectively positionable about the first and second support portions and configured such that the biasing force is selectively adjustable.

13. The line support of claim 12, further comprising at least one protrusion provided at a distal end of at least one of the first and second support portions and capable of increasing grip of the biasing force.

- 14. The line support of claim 12, wherein the second support portion further comprises at least one stirrup portion positioned at a distal end of the second support portion and extending laterally outward from the shank of the second support member and forming a loop.
- 15. The line support of claim 12, wherein the second support portion further comprises at least two alignment channels positioned at a distal end of the second support portion and extending beyond the second support portion.
- 16. The line support of claim 12, wherein the sliding retainer has a threaded bore therethrough for engagement with a securing mechanism that engages at least one of the first and second support portions and is capable of retaining the sliding retainer in a selected position.
- 17. The line support of claim 12, wherein the sliding retainer has teeth members for engagement with at least one of the first and second support portions and is releasably biased in a selectable retained position.
- 18. The line support of claim 17, wherein at least one of the first and second support portions has a rigid surface for engagement with the teeth members of the sliding retainer.

19. The line support of claim 12, wherein at least one of the first and second support portions provide indicators that relate to the amount of biasing force provided for a given position of the sliding retainer.

20. A line support, comprising:

first means for providing a biasing force;

second means for providing the biasing force, the first and second means capable of supporting a line, wherein the second means is secured to the first means on a proximal end of the line support and is in close proximity to the first means substantially along their lengths when the first and second means are unoccupied, and wherein the biasing force may be applied by the first and second means being resilient; and

an adjustment means for providing a selectively adjustable biasing force, the adjustment means selectively positionable about the first and second means.